



# Baby 'n Me Infant Cues

Cues from your baby can tell you what your baby wants. When your baby wants to hold your attention or be with you, he or she may engage in the following behaviors:

- Stop moving
- Make smooth motions of arms and legs
- Look at your face or smile
- Reach out arms toward you
- Turn eyes and/or head toward you
- Make feeding sounds
- Babble or talk or coo
- Have wide and bright eyes
- Have a bright or raised face

When your baby needs a break from you or the environment, or from what he or she is doing, your baby may give you different cues to disengage attention, such as:

Turn head away	Turn eyes away
Cry or fuss	Breathe fast
Cough or choke	Yawn or wrinkle forehead
Arch the back	Have dull looking eyes
Fall asleep	Frown or put hand to mouth
Squirm or kick	Have hiccoughs
Pull away	Spit up or vomit
Have pale or red skin	

## **Memorable Ideas**

"Helping children build high self-esteem (loving, lovable, capable) may be the key to successful parenting." Jean Clark

"Pleasure is the strongest motivating factor in a child's development."

"Encourage him or her to do everything but force your child to do nothing."

"Curiosity is the single most important quality that will help your child be an eager learner later in school."